

-	For use by date: see front of pack Keep refrigerated 0-4°C
*	Suitable for freezing Freeze on day of purchase. Use within one month. Once defrosted consume within 24 hours. Do not re-freeze.
	How to Cook Before cooking remove all packaging. Pan Fry Med Grill 6-8 mins 10-12 mins
	For Best Results Pan Fry: Heat 1 tbsp (15ml) of oil in a frying pan until hot. Fry sausages over a medium heat, turning occasionally. To Grill: Domestic grills vary.

the following is a guide only. Preheat Grill to a medium heat. Place sausages on a rack under grill and cook, turning occasionally. Always wash hands, all surfaces and utensils after handling raw met Check product is cooked & piping hot throughout. **Do not reheat.** No suitable for microwave cooking

Our Ingredients... Outdoor Bred British Pork (85%), Water, Pasteurised Free Range Egg White, Rice Flour, Chickpea Flour, Salt, Ground Spices (Black Pepper, Ginger, Mace, Nutmeg, Pimento), Preservative: E223 (Sulphites), Corrnflour, Dextrose, Antioxidant: E300 Sausages filled into vegetable

Allergen Advice... For allergens see ingredients in Bold

